

Assess Medical Group Information for our examinees



ASSESS Medical Group (AMG) is a provider of independent medical and non-medical opinions across Australia. Our independent medical specialists offer impartial and authoritative advice and written reports about a person's injury or medical condition.

Why have you been asked to attend an appointment with AMG?

You have submitted a claim relating to an illness or injury, or you have a condition that is impacting your ability to work.

Who requested this appointment?

- An organisation such as an insurance company, a government body, or a solicitor may have created this appointment for you to assist with decisions about your rehabilitation, treatment and return to work
- Your employer has requested this appointment to help them understand your fitness for work.



The purpose for this assessment:

To provide a complete picture of your illness or injury to that organisation to help with the management of your health.

WHAT HAPPENS AT THE ASSESSMENT?

Questions

The medical specialist you meet will have an asset of questions about your injury or illness that they have been requested to answer.

These questions may include:

- a. Medical tests and treatments you have had
- b. Personal, social, and recreational activities

The medical specialist asks these questions to fully understand your situation, and how your injury or illness is affecting your life.

Physical Examination

Depending on your condition, a physical examination may be required. If so, our experienced medical specialists will perform this examination with consideration to your modesty and privacy.

Chaperone

For your comfort, a chaperone can be present upon your request. Modesty gowns and screens are also available.



WHAT TO WEAR FOR THE ASSESSMENT

If you have a physical injury, it's helpful to dress appropriately.

For example:

- a. If your spine is injured, a loose shirt is recommended
- b. If an upper limb - such as your shoulder, elbow or wrist - is injured, a sleeveless shirt is ideal
- c. If a lower limb is injured - such as your hip, knee, ankle or foot — we suggest wearing bike pants, shorts or loose trousers, plus shoes that are easy to remove

Note: please also wear appropriate and comfortable under garments.

THINGS TO BRING TO THE ASSESSMENT

1. Test and scan results

We ask that you gather together and bring any test results or scans that you've undergone.

2. List of medications

We also ask that you bring a list of any medications you are taking.

3. Photo identification

You will also need to bring a form of photo identification, such as a driver license or passport, for us to formally identify you.

ON THE DAY OF THE ASSESSMENT

1. Arrival time

We ask that you arrive early to allow time to complete some paperwork.

Please note that arrival time requirement for each medical specialist may vary. Do make sure that the organisation that has booked in this appointment provides you with information for any requirements.

2. Consent form

This will include signing a consent form to say that you agree to the assessment and you understand that AMG will securely manage your information. We take your privacy seriously, and we treat your information with the upmost care. Your information will only be used for the purpose for which it was collected, which is your assessment.

Please note the below:

- If you are attending the assessment in our offices in St Martin's Tower, Sydney, or Ann Street, Brisbane, you may sign the consent form in person.
- If you are attending the assessment outside of our offices or via telehealth/video link, by the time of your assessment, you should have already filled in our **'INFORMATION AND CONSENT FORM'** document we provided to the organisation that booked in your assessment.

3. Support Person

We understand that attending an independent medical assessment can be an unfamiliar experience. To help you feel more comfortable, we invite you to bring along a support person, such as a family member or friend.



Your support person will be able to wait comfortably in our waiting rooms whilst you are being assessed. In some instances, the medical specialist will allow your family member or friend to be present with you during the assessment. If so, it's important to note that this person cannot actively participate in the assessment and can only contribute if invited to do so by the medical specialist.

Please contact us **prior to your appointment** with any queries about a support person being able to be present during your assessment.

We kindly ask that you make arrangements for your child or children to be cared for by another person during the assessment, as it is challenging to accommodate their needs.

FOLLOWING YOUR ASSESSMENT

The medical specialist will use the information they have collected to write a report. Once AMG receives this report from the medical specialist, we will release this report to the organisation that requested the assessment.

If you would like a copy of the report, we ask that you contact your case manager or the organisation that referred you to us to discuss your request.



We hope you have found this information helpful in preparing for your upcoming independent medical assessment at AMG. If you have any questions, please call our client services on **1300 188 988** or email us at **admin@assessmedicalgroup.com.au**